

COUNSELOR'S CORNER

NEWSLETTER

DECEMBER 2023

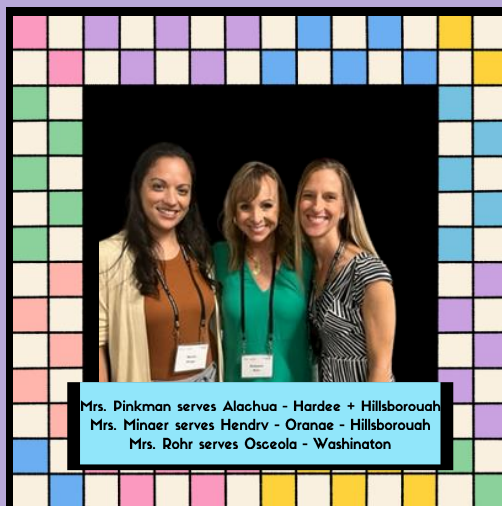
This Month's Character

Theme: Gratitude

Just like last month we are continuing our focus on gratitude. Life can be tough and we may fall into the trap of focusing on only the hardships we encounter. Oftentimes, the challenges we face are out of our control. But one thing we can always control is our attitude. That's where gratitude plays a major role! Wanna learn more? Join us for a fun lesson Wednesday, December 6.

Mrs. Pinkman

Mrs. Minger



Good to Know

A Growth Mindset is an important part of learning. It's easy to get frustrated and give up when the learning gets tough. However a growth mindset helps us to become more determined and better problem solvers.

Try this:

Instead of saying, "I'm not good at this" say "This may be hard now but with practice it will be easier"

Instead of saying, "I made a mistake" say "I learn from my mistakes"

Challenge your thinking!

Please visit our website for more information. Click [here](#).

Join Us for Our Live Lesson

Wednesday, December 6 at 2pm EST

The link to join will be on your classroom announcements page. We hope to see you then!