

# COUNSELOR'S CORNER

*Monthly Newsletter from your FLVS Flex K-5 School Counselors*

## March, 2025



**Mrs. Minger, Mrs. Rohr, and Mrs. Pinkman**

## MEET THE TEAM

Hi friends! We are so happy you are here! Your FLVS Flex Elementary School Counselors are excited to work with you this school year. Each month we share a character education trait and host a webinar on the topic. In this monthly newsletter we share information to help you get the most out of your homeschooling experience!

## DISTRACTED?

If your student seems to struggle with focus and attention, there are a few things you can do to help. As the home educator, your job is to manage distractions so your student can learn.

Start by designating a space, free of distractions. Create a schedule and block off time to work and time to take a break. Try having your student work for just 25 minutes at a time - slightly less time if your student is in kindergarten.



## JOIN US!

Our next monthly lesson is on Wednesday, March, 26th at 2pm EST. Our character education trait is Self Awareness. The Zoom link and password will be available on your teacher's classroom event calendar.

Join us FOR ALL THE  
**FUN!**