

COUNSELOR'S CORNER

Monthly Newsletter from your FLVS Flex K-5 School Counselors

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MEET THE TEAM

Hi friends! We are so happy you are here! Your FLVS Flex Elementary School Counselors are excited to work with you this school year. Each month we share a character education trait and host a webinar on the topic. In this monthly newsletter we share information to help you get the most out of your homeschooling experience!

ANXIETY

There's a lot happening in our world these days and as hard as it is for grown ups, it can be even more difficult for children. If you have a child struggling with anxiety address it. Give your child the space and opportunity to share with you what's happening. Use encouraging words and open ended questions (ones that cannot be answered with a simple yes or no). In most cases, with some reassurance and time, anxiety will lessen. If not, be sure to speak to your child's healthcare provider.



JOIN US!

Our next monthly lesson is on Wednesday, November, 6th at 2pm. Our character education trait is Digital Citizenship. The Zoom link and password will be available on your student dashboard.

Join us
FOR ALL THE
FUN!